



Volleyball Skills Training 101 2016

The City of Anniston would like to welcome you to join our volleyball training, coached & directed by SouthJamm Volleyball Club.

Sign up starts July 26, 2016 at The Anniston Aquatic & Fitness Center (Miller Gym, McClellan). Training will consist of Sunday training from September 11th until October 16th.

Ages available for the course are between 8 and 14 years of age girls.

The cost for the program is \$150 for a 1 ½ hour training session each Sunday (6 training days). Training times will be based on level of each player, which would either be 1-3pm or 3-5pm depending on the level of each player's abilities.

Only 40 players will be accepted, payment must be paid in full on or before August 26th, 2016.

We will have an evaluation class on Saturday, August 27th, 2016 at 1:30 pm until 4 pm. The training courses begin Sunday September 11, 2016.

TRAINING DAYS:

September 11th, 18th and 25th

October 2nd, 9th and 16th

This volleyball training course will help prepare you for your upcoming school try outs.

For more information, please fill free to contact info@southjammvolleyball.net or 256-442-4112.

NAME _____ AGE _____ DOB _____ YEARS PLAYED _____

ADDRESS _____ CITY _____ STATE _____

PHONE _____ EMAIL _____

SCHOOL _____ GRADE _____

PARENT / CONTACT _____